

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 10 (Warmup 7.45 - 8.45)

Event 401 Female 12 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	%Philpott, Lowri SB14	14	Nofio S Gar	1:53.10
2	%Semonella, Gavina SB14	17	Wycombe Dist	1:31.03
3	Summerfield, Lucy	13	Nofio S Gar	1:27.00
4	Hall, Isabelle	14	Pembs Cty	1:26.40
5	Hall, Ellena	14	Pembs Cty	1:26.60
6	Williams, Leah	14	NofioGwynedd	1:27.30
7	%Humphrey, Eliza SB11	20	Swansea Uni/TB	1:34.30
8	%Pilkington, Laura SB5	28	Edinburgh Un/12, +, 3, 5	2:08.67

Heat 2 of 10 Prelims

1	Lawn, Lexi	12	Torfaen D	1:26.30
2	Harding, Chloe	14	Cwmbbran	1:25.80
3	Jones, Cadi	13	Co Cardiff	1:25.20
4	Miller, Sofia	13	Teddington	1:24.70
5	Marsden, Phoebe	14	Conwy	1:24.90
6	Lewis, Evie	12	Pembs Cty	1:25.50
7	Prickett, Chloe	13	Co Cardiff	1:25.89
8	Patterson, Hollie	14	Carmarthen	1:26.30

Heat 3 of 10 Prelims

1	Henderson, Darcy	13	Okehampton	1:24.00
2	Lewis, Orla Rose	15	Torfaen D	1:23.30
3	Lawn, Gayle	12	Torfaen D	1:23.07
4	Roberts, Rosie	13	Torfaen D	1:22.80
5	Sagar, Tabitha	15	Teddington	1:23.00
6	Needs, Rebecca	13	TauntonDeane	1:23.30
7	Williams, Lili	14	Rct Squad	1:23.60
8	Coles, Sophie	14	TauntonDeane	1:24.40

Heat 4 of 10 Prelims

1	Davies, Sophia	13	Co Cardiff	1:22.59
2	Graves, Abigail	15	Okehampton	1:22.20
3	Phillips, Emma	15	Teddington	1:21.90
4	Van Zyl, Kiara	13	Co Cardiff	1:21.70
5	Kindred, Ella	14	Co Hereford	1:21.80
6	Powell, Josie	15	Bridgend SC	1:22.10
7	%Williams, Rose SB14	17	Co Cardiff	1:22.30
8	Davies, Macy	13	Torfaen D	1:22.70

Heat 5 of 10 Prelims

1	Mellor, Medi	13	Nofio Bangor	1:21.60
2	Johnson, Poppy	16	Holywell	1:21.10
3	Reasons, Darcy	13	Torfaen D	1:20.60
4	Sneddon, Anna	15	Caradon	1:20.06
5	Faulkner, Marie	20	Co Cardiff	1:20.40
6	Devin, Erin	15	Wrexham	1:20.80
7	Ribeiro, Ariana	14	Co Cardiff	1:21.59
8	Davies, Isabella	14	Nofio S Gar	1:21.60

Heat 6 of 10 Prelims

1	Turner, Jaz	16	Caradon	1:19.50
2	Goddard, Amy	16	Rct Squad	1:19.10
3	Robinson, Scarlett	17	Ulverston	1:18.90
4	Roberts, Megan	18	Swansea Uni	1:18.80
5	Davies, Ellen	16	Chirk	1:18.90
6	McQuaid, Maria	14	Co Cardiff	1:18.91
7	Simons, Georgia	14	Hackney	1:19.40
8	Gardener, Hannah	16	Bridgend Cty	1:19.50

Heat 7 of 10 Prelims

1	Smith, Amelia	17	Co Cardiff	1:18.50
2	Bloomer, Molly	13	Hackney	1:18.30
3	Taffetsauffer, Isabella	14	Nofio S Gar	1:17.87
4	Parry, Abigail	12	Nofio S Gar	1:17.50
5	Dowling, Abigail	14	Co Cardiff	1:17.51
6	Flanagan, Evelyn	15	Mt Kelly	1:18.20
7	Worthington, Emma	17	Chirk	1:18.30
8	Andrews, Bella	15	Co Newport	1:18.70

Heat 8 of 10 Prelims

1	Sundsbo, Klara	14	Hackney	1:16.90
2	Morgan, Carys	17	Millfield	1:15.88
3	Major, Scarlet	22	Swansea Uni	1:13.40
4	Riggott, Amelia	21	Mt Kelly	1:11.11
5	Evans, Gwenllian	16	Co Cardiff	1:12.52
6	Bissicks, Ella	18	Swansea Uni	1:14.39
7	Hubbard, Tilly	14	TauntonDeane	1:16.33
8	Owen, Kessie	17	Neath	1:17.50

Heat 9 of 10 Prelims

1	Matthews, Elin	15	Co Cardiff	1:16.80
2	Kilby, Sophie	15	Mt Kelly	1:15.50
3	Huellou, Claire	20	Swansea Uni	1:13.10
4	Crowley, Amy	20	Co Cardiff	1:09.47
5	Stephenson, Ruby	18	Swansea Uni	1:12.30
6	Williams-Jones, Phoebe	19	Co Cardiff	1:14.10
7	Mercer, Olivia	21	Swansea Uni	1:16.20
8	Wood, Sophie	16	TauntonDeane	1:17.32

Heat 10 of 10 Prelims

1	Gorman, Helen	53	Co Cardiff	1:16.50
2	Daw, Alexandra	16	Okehampton	1:14.40
3	Gibson, Mari	17	Co Cardiff	1:12.80
4	Taylor, Theodora	16	Torfaen D	1:07.70
5	Brassington, Sophie	19	Swansea Uni	1:11.36
6	Wheeler, Oriana	20	Swansea Uni	1:13.74
7	Williams, Lowri	15	Swansea Aq	1:16.15
8	Jones, Aimee	13	Okehampton	1:17.30

Event 402 Men 12 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Stevens, Ben	13	Crawley	35.10
2	Davies, Jake	13	Co Newport	34.90
3	Wright, Jack	13	Teddington	34.70
4	Watkins, Dylan	13	Torfaen D	34.30
5	Nuttall, Harri	12	Rhyl Dolphin	34.50
6	Voice, Harry	13	Newtown	34.84
7	Collins, Thomas	13	Penyrheol	34.90
8	Lachmann, Laurence	13	Hackney	35.17

Heat 2 of 10 Prelims

1	Staples, Max	12	Rhondda	34.00
2	Fuller, Phoenix	14	Hackney	33.74
3	De Haan, Charlie	12	Holywell	33.50
4	Williams, Heath	13	Wrexham	33.10
5	Miguel-Easter, Ruben	14	Mt Kelly	33.30
6	Palmer, Evan	13	Torfaen D	33.51
7	Bastyan, Tobias-Luke	14	Torfaen D	33.80
8	Dixon, Jamie	13	Okehampton	34.20

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Meet Program - Session 10 (Warmup 7.45 - 8.45)

Heat 3 Prelims (#402 Men 12 & Over 50 LC Meter Backstroke)

1	White, Jacob	14	Wells SC	32.90	___
2	Goodey De Diego, Lucas	14	Guildford Ct	32.80	___
3	Mrozinski, Michal	13	Conwy	32.70	___
4	Morgan, Cole	14	C Dolphins	32.10	___
5	Iffland, Noah	14	Hackney	32.60	___
6	Higgs, William	13	Caradon	32.70	___
7	Stemson, Seth	13	Okehampton	32.89	___
8	Zaharewicz, Rhys	14	Teddington	32.93	___

Heat 4 of 10 Prelims

1	Jenkins, Rhys	12	Co Cardiff	31.80	___
2	Woodrow, Leo	14	TauntonDeane	31.40	___
3	Harwood, Jack	14	Pembs Cty	31.20	___
4	Hernandez Taylor, Boaz	14	Hackney	30.89	___
5	Van Rooyen, Simon	16	TauntonDeane	31.02	___
6	Phillips, Finley	15	Nofio S Gar	31.30	___
7	Green, Joshua	14	TauntonDeane	31.70	___
8	Samuel, Jake	14	Merthyr Tydf	32.10	___

Heat 5 of 10 Prelims

1	Gilligan, Henry	15	Rct Squad	30.74	___
2	Powell, Xander	15	TauntonDeane	30.40	___
3	Scholes, James	15	Haslemere	30.30	___
4	Elmes, Max	14	Nofio S Gar	30.30	___
5	Lewis, Gethin	17	Bridgend SC	30.30	___
6	Hamer, Joe	14	Co Hereford	30.40	___
7	King, Ethan	13	Penyrheol	30.63	___
8	Miles, Harry	15	Co Cardiff	30.77	___

Heat 6 of 10 Prelims

1	Linge, Reece	14	EllesmereCSA	30.20	___
2	Doyle, Alfie	17	Torfaen D	30.10	___
3	Bebb, Lewis	18	Newtown	29.90	___
4	Birdsall, Charlie	15	Co Cambridge	29.64	___
5	Stothers, Alexander	14	Hackney	29.88	___
6	Grenardo, Sebastian	16	Okehampton	30.00	___
7	Meilleur, Elliot	15	NofioGwynedd	30.10	___
8	Davies, Blake	15	Co Cardiff	30.21	___

Heat 7 of 10 Prelims

1	Opiniano, Nathaniel	15	Teddington	29.60	___
2	Thomas, Iolo	15	Neath	29.30	___
3	Brown, Layton	17	Nuneaton	29.10	___
4	Foster, Henry	16	Redditch	28.59	___
5	Atherton, Morgan	16	Nuneaton	28.90	___
6	Edwards, Ross	16	Co Cardiff	29.20	___
7	Lennon, Danny	17	Wrexham	29.51	___
8	Webster, Benjamin	17	Okehampton	29.60	___

Heat 8 of 10 Prelims

1	Mills, Ioan	16	Torfaen D	28.40	___
2	West, Dexter	16	Pembs Cty	27.90	___
3	Sadberry, Jack	21	Swansea Uni	26.85	___
4	Morgan, Dominic	20	Swansea Uni	25.80	___
5	Tovey, Xander	15	Millfield	26.60	___
6	Nikolaou, Antonio	22	Swansea Uni	27.03	___
7	McCarthy, Aden	18	Birm'ham Uni	28.20	___
8	Gore, Andrew	20	Co Cardiff	28.50	___

Heat 9 of 10 Prelims

1	Rixon, Oliver	17	Co Cardiff	28.30	___
2	Hawkins, Alfie	18	Swansea Uni	27.80	___
3	Johnstone, Daniel	18	Swansea Uni	26.80	___
4	Dietz, Fritz	21	Okehampton	25.31	___
5	Hollinsky, Gideon	20	Swansea Uni	25.90	___
6	Lee, Tristan	19	Bath Univ	27.00	___
7	Walker, Freddie	17	EllesmereCSA	28.20	___
8	Silverstone, Solomon	16	Pembs Cty	28.50	___

Heat 10 of 10 Prelims

1	Major, Maximus	15	Torfaen D	28.20	___
2	McCarthy, Benedict	16	Co Cardiff	27.30	___
3	Davies, Evan	19	Co Cardiff	26.70	___
4	Turner, Harry	26	Swansea Uni	25.30	___
5	Knight, Jack	22	Co Cardiff	25.80	___
6	Lee, Ethan	19	Bath Univ	26.90	___
7	Jasinski, Hubert	18	Swansea Uni	28.00	___
8	Armitage, Edward	22	Derwent&Gate	28.47	___

Event 403 Female 12 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 10 Prelims

1	Williams, Layla	13	Newtown	1:13.42	___
2	Jones, Lola-Grace	13	Torfaen D	1:13.26	___
3	Scofield, Niamh	14	Rct Squad	1:12.79	___
4	Fitzgerald, Mali	15	Bridgend Cty	1:12.40	___
5	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	1:12.53	___
6	Ashby, Helena	13	TauntonDeane	1:13.02	___
7	Hamilton, Anya	14	TauntonDeane	1:13.36	___
8	%Lawn, Pippa S14	15	Torfaen D	1:26.35	___

Heat 2 of 10 Prelims

1	Searle, Natalie	12	Teddington	1:12.20	___
2	Williams, Lili	14	Rct Squad	1:11.90	___
3	Matthews, Catrin	12	Co Cardiff	1:11.56	___
4	Sutton, Emily	14	NofioGwynedd	1:11.40	___
5	Dash, Amelie	14	Pembs Cty	1:11.54	___
6	Bissicks, Cari	14	Neath	1:11.70	___
7	Kazmiruk, Anastasiia	14	Nofio S Gar	1:12.00	___
8	Rowland, Scarlett	13	Neath	1:12.20	___

Heat 3 of 10 Prelims

1	Davies, Mae	15	Rtw Monson	1:11.20	___
2	Hubbard, Tilly	14	TauntonDeane	1:10.61	___
3	Kontopoulos, Elena	13	TauntonDeane	1:10.50	___
4	Thomas, Manisha	13	Hackney	1:10.24	___
5	Goodliffe, Faith	25	C Dolphins	1:10.30	___
6	Edwards, Alaw	15	NofioGwynedd	1:10.60	___
7	Williams, Marys	16	Swansea Aq	1:10.80	___
8	Flanagan, Evelyn	15	Mt Kelly	1:11.28	___

Heat 4 of 10 Prelims

1	Tovey, Lyra	13	Mt Kelly	1:10.16	___
2	Mason, Eliza	14	EllesmereCSA	1:09.80	___
3	Tejedo, Lola	14	Co Cardiff	1:09.76	___
4	%Webb, Saskia S14	18	Pembs Cty	1:09.70	___
5	Davies, Isla	12	Nofio S Gar	1:09.70	___
6	Pitt, Seren	13	Co Cardiff	1:09.80	___
7	Hughes, Nel	14	NofioGwynedd	1:10.15	___
8	Jones, Martha	16	Conwy	1:10.20	___

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Heat 5 Prelims (#403 Female 12 & Over 100 LC Meter Butterfly)

1	Synowiec, Amelia	15	Conwy	1:09.40	___
2	Bennett, Isla	14	Co Cardiff	1:09.40	___
3	Baker, Piper	17	Teddington	1:09.30	___
4	Roberts, Mali	15	NofioGwynedd	1:09.00	___
5	Hughes-Rolls, Ava	16	Torfaen D	1:09.30	___
6	Jones, Liberty	15	TauntonDeane	1:09.31	___
7	Jones, Myia	17	Wrexham	1:09.40	___
8	Parfitt, Lucy	17	Co Cardiff	1:09.40	___

Heat 6 of 10 Prelims

1	Bates, Molly	14	EllesmereCSA	1:08.63	___
2	Mollart, Imogen	16	Biddulph	1:08.00	___
3	Nichols, Grace	15	Pembs Cty	1:07.70	___
4	Lewis, Lowri	19	Neath	1:07.20	___
5	Cust, Ciara	18	Conwy	1:07.70	___
6	Berner, Iyla	12	Nofio S Gar	1:07.80	___
7	Andrews, Bella	15	Co Newport	1:08.10	___
8	Meenagh, Mai Van	13	Co Cardiff	1:08.87	___

Heat 7 of 10 Prelims

1	Geach, Libbie	16	Nofio S Gar	1:06.70	___
2	Iles, Jessica	15	Co Cardiff	1:06.32	___
3	Day, Hannah	17	Co Cardiff	1:06.10	___
4	Hunter, Olivia	21	Swansea Uni	1:05.68	___
5	Sweet-Roberts, Pip	13	Torfaen D	1:05.80	___
6	Dwyfor-Clark, Efa	16	NofioGwynedd	1:06.14	___
7	Hall, Emily	15	Warrington W	1:06.40	___
8	Handley, Evie Louise	16	Okehampton	1:07.16	___

Heat 8 of 10 Prelims

1	Faulkner, Ella	16	EllesmereCSA	1:05.11	___
2	Lee, Edith	15	Co Cardiff	1:04.43	___
3	Andrews, Joanne	15	EllesmereCSA	1:03.83	___
4	Tallantyre, Seren	17	Morpeth	1:01.40	___
5	Dickinson, Jessica	20	Swansea Uni	1:02.00	___
6	Crawley, Abigail	20	Swansea Uni	1:04.33	___
7	Dewsbury, Daisy	20	Swansea Uni	1:04.80	___
8	Daniel, Megan	15	Caradon	1:05.60	___

Heat 9 of 10 Prelims

1	Winstanley, Elin	16	Co Hereford	1:05.06	___
2	Deakin, Ellena	17	Teddington	1:04.40	___
3	De Torres, Rebecca	21	Co Cardiff	1:03.50	___
4	Roberts, Catherine Elin	22	Swansea Uni	1:01.02	___
5	Owen, Gracie	17	Torfaen D	1:01.90	___
6	Johnson, Charlotte	22	Swansea Uni	1:04.29	___
7	Rose, Katie	19	Swansea Uni	1:04.80	___
8	Jones, Maisie	15	Co Cardiff	1:05.53	___

Heat 10 of 10 Prelims

1	Griffiths, Cerys	15	Pembs Cty	1:04.84	___
2	Willis, Hannah	20	Swansea Uni	1:04.33	___
3	Grant, Lucy	18	Swansea Uni	1:03.31	___
4	Harris, Medi	23	Swansea Uni	1:00.10	___
5	Morris, Ciara	23	Swansea Uni	1:01.47	___
6	Morgan, Isabel	21	Co Cardiff	1:04.26	___
7	Hill, Emma	14	Teddington	1:04.52	___
8	Schumm, Libby	16	Torfaen D	1:05.23	___

Event 404 Men 12 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 4 Prelims

1	Green, Joshua	14	TauntonDeane	2:34.33	___
2	Harwood, Jack	14	Pembs Cty	2:31.33	___
3	Reece, Liam	15	Co Newport	2:26.80	___
4	Ashton, Cain	15	Stockport Mo	2:24.70	___
5	Williams, Dylan	14	Wrexham	2:26.00	___
6	Linge, Reece	14	EllesmereCSA	2:28.20	___
7	Hughes, Freddy	13	Rct Squad	2:33.60	___
8	Glanville, Harry	14	TauntonDeane	2:34.40	___

Heat 2 of 4 Prelims

1	Scholes, James	15	Haslemere	2:19.50	___
2	%Darbey, Rhys S14	18	Wrexham	2:13.70	___
3	Cressey-Rodgers, Ioan	20	Nofio S Gar	2:09.30	___
4	Edwards, Rhys	23	Swansea Uni	2:01.86	___
5	Chapman, Nathan	21	Swansea Uni	2:06.70	___
6	West, Dexter	16	Pembs Cty	2:11.44	___
7	Gruffydd, Ned	15	Co Cardiff	2:17.80	___
8	Burnell, Rory	14	Mt Kelly	2:24.20	___

Heat 3 of 4 Prelims

1	Pugh, Morgan	18	Torfaen D	2:18.10	___
2	Pike, Harvey	18	Co Cardiff	2:13.65	___
3	Keeble, Alex	21	Swansea Uni	2:09.00	___
4	Sansome, Thomas	22	Wycombe Dist	2:01.35	___
5	Pallant, Jack	21	Team Waveney	2:05.40	___
6	Ryan, Samuel	19	Swansea Uni	2:11.30	___
7	Bebb, Lewis	18	Newtown	2:14.70	___
8	Goodey De Diego, Lucas	14	Guildford Ct	2:23.40	___

Heat 4 of 4 Prelims

1	Cavill, Jack	15	Co Cardiff	2:17.83	___
2	Armon, Jacob	22	Swansea Uni	2:12.02	___
3	Prysor, Sami	18	EllesmereCSA	2:07.60	___
4	Rodriguez, Antonio	21	Swansea Uni	2:00.50	___
5	Edwards, Dion	18	Swansea Uni	2:04.95	___
6	Bradley, Mathew	19	Swansea Uni	2:10.70	___
7	Biddick, James	15	Okehampton	2:14.00	___
8	Parfitt, Sebastian	15	Co Cardiff	2:21.90	___

Event 405 Female 12 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 5 Prelims

1	Jones, Cadi	13	Co Cardiff	5:51.20	___
2	Ashby, Helena	13	TauntonDeane	5:48.77	___
3	Hall, Isabelle	14	Pembs Cty	5:46.90	___
4	Pawlowski, Isabelle	13	Corby	5:46.20	___
5	Williams, Leah	14	NofioGwynedd	5:46.60	___
6	Ryan, Mia	14	Rct Squad	5:47.20	___
7	Gray-Thomas, Jessica	12	Conwy	5:50.56	___
8	Jones, Hunydd	14	Nofio S Gar	5:51.50	___

Heat 2 of 5 Prelims

1	McFarlane, Una	14	Pembs Cty	5:44.50	___
2	Chauhan, Amber	13	Nofio Bangor	5:42.43	___
3	George, Ellie	14	Rct Squad	5:39.21	___
4	Matthews, Elin	15	Co Cardiff	5:36.40	___
5	Morgan, Millie	13	Teddington	5:38.80	___
6	Scales, Eve	13	EllesmereCSA	5:40.60	___
7	Lee, Seol Lucy	13	Co Cardiff	5:44.29	___
8	Osele, Isabella	13	Hackney	5:45.50	___

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Heat 3 Prelims (#405 Female 12 & Over 400 LC Meter IM)

1	Hubbard, Tilly	14	TauntonDeane	5:33.80	___
2	Dowling, Abigail	14	Co Cardiff	5:27.90	___
3	Robinson, Scarlett	17	Ulverston	5:26.14	___
4	Phillips, Emma	15	Teddington	5:25.10	___
5	Taswell, Paige	14	TauntonDeane	5:25.50	___
6	Ling, Olivia	15	Co Cardiff	5:27.80	___
7	Jones, Myia	17	Wrexham	5:29.20	___
8	Lewis, Orla Rose	15	Torfaen D	5:34.10	___

Heat 4 of 5 Prelims

1	Lewis, Harriet	13	Co Cardiff	5:20.40	___
2	Cust, Ciara	18	Conwy	5:16.60	___
3	Mitchell, Abby	19	Swansea Uni	5:02.10	___
4	Brassington, Sophie	19	Swansea Uni	4:57.43	___
5	Logan, Constance	17	Co B'Ton & H	5:00.90	___
6	Winstanley, Elin	16	Co Hereford	5:03.90	___
7	Thomas, Serenity	15	NofioGwynedd	5:18.80	___
8	Teggarty-Sparks, Ida	14	Teddington	5:23.90	___

Heat 5 of 5 Prelims

1	Lythgoe, Manon	16	Swansea Aq	5:19.60	___
2	Williams, Jody	19	Swansea Uni	5:14.50	___
3	Rees, Katie	27	Swansea Uni	5:01.60	___
4	Wheeler, Oriana	20	Swansea Uni	4:57.10	___
5	Gordon, Freya	16	Haslemere	4:58.00	___
6	Gibson, Mari	17	Co Cardiff	5:02.50	___
7	Bates, Molly	14	EllesmereCSA	5:17.95	___
8	Mellor, Medi	13	Nofio Bangor	5:23.20	___

Event 406 Men 12 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 14 Prelims

1	Taylor, Nicholas	14	Torfaen D	1:01.24	___
2	Green, Joshua	14	TauntonDeane	1:01.15	___
3	Iffland, Noah	14	Hackney	1:01.00	___
4	Catchpole, Charlie	14	Hackney	1:00.79	___
5	Glanville, Harry	14	TauntonDeane	1:00.80	___
6	Evans, Sam	13	Pembs Cty	1:01.00	___
7	Zaharewicz, Rhys	14	Teddington	1:01.20	___
8	%Aaen, Bjorn-Sebastian S9	18	UniOfStirl/12, +	1:01.28	___

Heat 2 of 14 Prelims

1	Jones, Sam	12	Co Cardiff	1:00.57	___
2	King, Ethan	13	Penyrheol	1:00.24	___
3	%Read, William S14	17	Swansea Aq	1:00.14	___
4	Harwood, Jack	14	Pembs Cty	1:00.10	___
5	Goodey De Diego, Lucas	14	Guildford Ct	1:00.10	___
6	Williams, Dylan	14	Wrexham	1:00.20	___
7	Gregory, Jaiden	14	Co Cardiff	1:00.55	___
8	Bastyan, Tobias-Luke	14	Torfaen D	1:00.70	___

Heat 3 of 14 Prelims

1	Roberts-Truman, Harri	15	Neath	1:00.03	___
2	Webber, George	15	TauntonDeane	59.80	___
3	Opiniano, Nathaniel	15	Teddington	59.60	___
4	Stuart-Lavender, Jac	15	Nofio S Gar	59.30	___
5	Staskus, Daniel	13	Millfield	59.50	___
6	Williams, Thomas	15	Nofio S Gar	59.75	___
7	Phillips, Finley	15	Nofio S Gar	1:00.00	___
8	Godden, Finlay	15	Nuneaton	1:00.04	___

Heat 4 of 14 Prelims

1	Jones, Jayden	14	Caerphilly	59.12	___
2	Gwynfil, Solomon	15	Co Cardiff	59.10	___
3	Vong, Joshua	15	Torfaen D	58.90	___
4	Davies, Tom	15	Co Newport	58.60	___
5	Van Rooyen, Simon	16	TauntonDeane	58.62	___
6	Stothers, Alexander	14	Hackney	59.00	___
7	Ashton, Cain	15	Stockport Mo	59.11	___
8	Powell, Xander	15	TauntonDeane	59.21	___

Heat 5 of 14 Prelims

1	Parry, Now	16	NofioGwynedd	58.40	___
2	Elmes, Max	14	Nofio S Gar	58.21	___
3	Morgan, Charlie	15	Teddington	58.10	___
4	Evans, Oscar	16	Co Hereford	58.02	___
5	Hewitt, Archie	15	Torfaen D	58.04	___
6	Thomas, Iolo	15	Neath	58.14	___
7	Duggan, Elliot	14	Bridgend Cty	58.30	___
8	Davies, Blake	15	Co Cardiff	58.50	___

Heat 6 of 14 Prelims

1	Linge, Reece	14	EllesmereCSA	57.74	___
2	Scholes, James	15	Haslemere	57.50	___
3	Greenwalker, Arthur	16	Teddington	57.08	___
4	Whittaker, Daniel	19	Bridgend Cty	56.90	___
5	Castillo, Airam	14	Co Cardiff	56.90	___
6	Woodrow, Leo	14	TauntonDeane	57.27	___
7	Miles, Harry	15	Co Cardiff	57.60	___
8	Deacon, Cameron	15	Co Cardiff	57.82	___

Heat 7 of 14 Prelims

1	Kimaro, David	17	Hackney	56.70	___
2	Thomas, Rhys	20	Swansea Uni	56.60	___
3	Adams, Ronan	17	Bridgend SC	56.50	___
4	Webster, Benjamin	17	Okehampton	56.36	___
5	Brown, Layton	17	Nuneaton	56.40	___
6	Meilleur, Elliot	15	NofioGwynedd	56.56	___
7	Gore, Andrew	20	Co Cardiff	56.60	___
8	Rixon, Oliver	17	Co Cardiff	56.78	___

Heat 8 of 14 Prelims

1	Granger, Tyler	18	Plymouth Col	56.28	___
2	%Carter, Oliver S10	25	UniOfStirl/+, 12	56.00	___
3	Ryan, Samuel	19	Swansea Uni	55.88	___
4	Evans, Monty	18	Gloucester	55.80	___
5	Upton-Boorman, Liam	18	Nofio S Gar	55.80	___
6	Park, Reggie Samuel	15	Holywell	55.99	___
7	Walker, Freddie	17	EllesmereCSA	56.10	___
8	Atherton, Morgan	16	Nuneaton	56.30	___

Heat 9 of 14 Prelims

1	Ma, Ko Kwan	16	Co Cardiff	55.69	___
2	Helps, Jacob	19	Swansea Uni	55.60	___
3	Douglas, Lucas	14	Atlantis	55.54	___
4	Keeble, Alex	21	Swansea Uni	55.33	___
5	Ghetu, Marcu	17	Harrogate	55.44	___
6	Sochovsky, Max	16	Millfield	55.60	___
7	Foster, Henry	16	Redditch	55.66	___
8	Mills, Ioan	16	Torfaen D	55.70	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 10 (Warmup 7.45 - 8.45)

Heat 10 Prelims (#406 Men 12 & Over 100 LC Meter Freestyle)

1	Watkins, William	17	Bridgend SC	55.20	___
2	Pugh, Morgan	18	Torfaen D	55.00	___
3	Greenway, Morgan	22	Swansea Uni	54.90	___
4	Johnstone, Daniel	18	Swansea Uni	54.70	___
5	Hoey, Luke	23	Swansea Uni	54.70	___
6	Prysor, Sami	18	EllesmereCSA	55.00	___
7	Jasinski, Hubert	18	Swansea Uni	55.17	___
8	Biddick, James	15	Okehampton	55.27	___

Heat 11 of 14 Prelims

1	Morgan, Dominic	20	Swansea Uni	54.54	___
2	O'Brien, Joshua	20	Co Cardiff	54.00	___
3	Morgan-Hughes, Harry	20	Bath Univ	53.90	___
4	Lennon, Danny	17	Wrexham	53.70	___
5	Tovey, Xander	15	Millfield	53.70	___
6	%Darbey, Rhys S14	18	Wrexham	54.00	___
7	Lee, Jacob	19	Swansea Uni	54.05	___
8	Major, Maximus	15	Torfaen D	54.60	___

Heat 12 of 14 Prelims

1	Silverstone, Solomon	16	Pembs Cty	53.50	___
2	Ryley, William	27	Co Cardiff	52.80	___
3	James, Harley	20	Co Cardiff	52.00	___
4	Armon, Jacob	22	Swansea Uni	50.80	___
5	Davies, Evan	19	Co Cardiff	51.20	___
6	Armitage, Edward	22	Derwent&Gate	52.50	___
7	Lee, Ethan	19	Bath Univ	53.09	___
8	Thomas, Lucas	17	NofioGwynedd	53.64	___

Heat 13 of 14 Prelims

1	Owen, Vinnie	17	Co Cardiff	53.38	___
2	Bamborough, Jack	17	Co Cardiff	52.70	___
3	Dietz, Fritz	21	Okehampton	51.59	___
4	Gillett, Oliver	18	Swansea Uni	50.71	___
5	Knight, Jack	22	Co Cardiff	51.05	___
6	Hill, Jack	20	Linslade	52.37	___
7	Burns, Harry	20	Bath Univ	53.00	___
8	Sadberry, Jack	21	Swansea Uni	53.63	___

Heat 14 of 14 Prelims

1	%Broom, Dylan S14	23	Swansea Uni	53.30	___
2	Fraser, Lewis	25	Swansea Uni	52.50	___
3	Williams, Josh	23	Swansea Uni	51.43	___
4	Jones, Dan	29	Swansea Uni	49.30	___
5	Robinson, Harry	21	Crawley	50.81	___
6	Geysen-Holley, Max	20	Co Cardiff	52.26	___
7	Mruk, Lucas	17	Torfaen D	52.99	___
8	McCarthy, Benedict	16	Co Cardiff	53.50	___

Event 407 Female 12 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 12 Prelims

1	%Humphrey, Eliza S11	20	Swansea Uni/TB	2:45.47	___
2	Morgan, Evelyn	14	Nofio S Gar	2:22.24	___
3	Kontopoulos, Elena	13	TauntonDeane	2:21.80	___
4	Williams, Gwenno	14	NofioGwynedd	2:21.10	___
5	Macleod, Eilidh	14	Hackney	2:21.20	___
6	Ashby, Helena	13	TauntonDeane	2:22.13	___
7	%Semonella, Gavina S14	17	Wycombe Dist	2:39.10	___
8	%Philpott, Lowri S14	14	Nofio S Gar	3:06.60	___

Heat 2 of 12 Prelims

1	Filmer, Gwennan	13	Nofio S Gar	2:20.80	___
2	Fitzgerald, Mali	15	Bridgend Cty	2:20.50	___
3	Smith, Sophie	14	Nuneaton	2:19.90	___
4	Hughes, Nel	14	NofioGwynedd	2:19.42	___
5	Klak, Nina	13	Co Newport	2:19.89	___
6	Tovey, Lyra	13	Mt Kelly	2:20.00	___
7	Prevete, Sofia	13	Wrexham	2:20.60	___
8	Matthews, Catrin	12	Co Cardiff	2:20.90	___

Heat 3 of 12 Prelims

1	Evans, Gwennan	15	Co Cardiff	2:19.20	___
2	%Webb, Saskia S14	18	Pembs Cty	2:18.60	___
3	Reed, Isabella	14	Co Cardiff	2:18.29	___
4	Roberts, Rosie	13	Torfaen D	2:17.80	___
5	Arnold, Jessica	15	Swansea Uni	2:17.90	___
6	Andrews, Bella	15	Co Newport	2:18.50	___
7	Ribeiro, Ariana	14	Co Cardiff	2:18.60	___
8	Roberts, Mali	15	NofioGwynedd	2:19.27	___

Heat 4 of 12 Prelims

1	Coles, Mya	15	Co Newport	2:17.50	___
2	Donaldson, Evie	13	Co Newport	2:17.30	___
3	Sweet-Roberts, Pip	13	Torfaen D	2:17.01	___
4	Innocent, Aurelia	14	Co Cardiff	2:16.40	___
5	Sullivan, Ariana	15	Torfaen D	2:16.78	___
6	Phillips, Emma	15	Teddington	2:17.20	___
7	Marshall, Ffion	15	Co Cardiff	2:17.40	___
8	Givvons, Imogen	15	Torfaen D	2:17.70	___

Heat 5 of 12 Prelims

1	Hutchon, Annie	14	EllesmereCSA	2:15.46	___
2	Geach, Libbie	16	Nofio S Gar	2:15.40	___
3	Hands, Ava	14	Nuneaton	2:15.20	___
4	Taswell, Paige	14	TauntonDeane	2:14.86	___
5	Berner, Iyla	12	Nofio S Gar	2:14.90	___
6	Faulkner, Ella	16	EllesmereCSA	2:15.24	___
7	Dwyfor-Clark, Efa	16	NofioGwynedd	2:15.40	___
8	Kindred, Ella	14	Co Hereford	2:16.22	___

Heat 6 of 12 Prelims

1	Davies, Mae	15	Rtw Monson	2:14.62	___
2	Devin, Erin	15	Wrexham	2:14.00	___
3	Thomas, Serenity	15	NofioGwynedd	2:13.78	___
4	O'Mahoney, Kaitlin	17	Bridgend Cty	2:13.40	___
5	Iles, Jessica	15	Co Cardiff	2:13.40	___
6	Chadwick, Millie	15	Teddington	2:13.97	___
7	Hernandez Taylor, Ivy	16	Hackney	2:14.50	___
8	Burns, Freya	14	Nofio S Gar	2:14.76	___

Heat 7 of 12 Prelims

1	Dewsbury, Daisy	20	Swansea Uni	2:13.00	___
2	Baker, Sophie	16	Teddington	2:12.92	___
3	Andrews, Joanne	15	EllesmereCSA	2:12.70	___
4	Watts, Olivia	16	EllesmereCSA	2:12.25	___
5	Reasons, Darcy	13	Torfaen D	2:12.70	___
6	Jones, Liberty	15	TauntonDeane	2:12.80	___
7	Robinson, Scarlett	17	Ulverston	2:12.98	___
8	Richards, Faith	15	Co Cardiff	2:13.20	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025**Meet Program - Session 10 (Warmup 7.45 - 8.45)****Heat 8 Prelims (#407 Female 12 & Over 200 LC Meter Freestyle)**

1	Sherrard, Alex	13	Torfaen D	2:12.01	___
2	Wayman, Chloe	17	Teddington	2:11.80	___
3	Stokes, Aimee	21	Swansea Uni	2:11.30	___
4	Deakin, Ellena	17	Teddington	2:11.20	___
5	Spence, Emilia	14	Co Birm'ham	2:11.30	___
6	Hill, Emma	14	Teddington	2:11.66	___
7	Roberts, Megan	18	Swansea Uni	2:12.00	___
8	Slinn, Esme	16	EllesmereCSA	2:12.07	___

Heat 9 of 12 Prelims

1	Allen, Isabel	14	Co Cardiff	2:10.89	___
2	%Williams, Rose S14	17	Co Cardiff	2:10.70	___
3	Staines, Talia	23	Derwent&Gate	2:10.05	___
4	Crawley, Abigail	20	Swansea Uni	2:09.63	___
5	Mason, Eliza	14	EllesmereCSA	2:09.70	___
6	Teggarty-Sparks, Ida	14	Teddington	2:10.10	___
7	Nichols, Grace	15	Pembs Cty	2:10.74	___
8	Jones, Maisie	15	Co Cardiff	2:10.90	___

Heat 10 of 12 Prelims

1	Sherrard, Emme	16	Torfaen D	2:09.00	___
2	Anderson, Rosalie	15	Co Cardiff	2:07.38	___
3	Higgs, Meghan	17	Millfield	2:04.90	___
4	Podger, Jessica	24	Bath Univ	2:00.20	___
5	Griffiths, Cerys	15	Pembs Cty	2:04.06	___
6	Williams-Jones, Phoebe	19	Co Cardiff	2:05.80	___
7	Jones, Isabella	20	Nofio S Gar	2:08.20	___
8	Handley, Evie Louise	16	Okehampton	2:09.52	___

Heat 11 of 12 Prelims

1	Hall, Emily	15	Warrington W	2:08.90	___
2	Gordon, Freya	16	Haslemere	2:06.70	___
3	Broder, Libby	19	Birm'ham Uni	2:04.40	___
4	Monks, Aimee	20	Swansea Uni	1:59.70	___
5	Davies, Sophie	18	Millfield	2:03.10	___
6	Fox, Honor	18	Co Cardiff	2:05.10	___
7	Titchener, Megan	17	Torfaen D	2:07.59	___
8	Chadwick, Phoebe	17	Teddington	2:09.34	___

Heat 12 of 12 Prelims

1	Day, Hannah	17	Co Cardiff	2:08.80	___
2	Patterson, Millie	19	Swansea Uni	2:06.20	___
3	Sutton, Rebecca	24	Swansea Uni	2:04.19	___
4	Harris, Medi	23	Swansea Uni	1:58.80	___
5	Taylor, Theodora	16	Torfaen D	2:02.75	___
6	Dickinson, Jessica	20	Swansea Uni	2:05.10	___
7	Humphreys, Ffion	17	NofioGwynedd	2:07.40	___
8	Cumner, Megan	18	Swansea Uni	2:09.10	___